

Newsletter

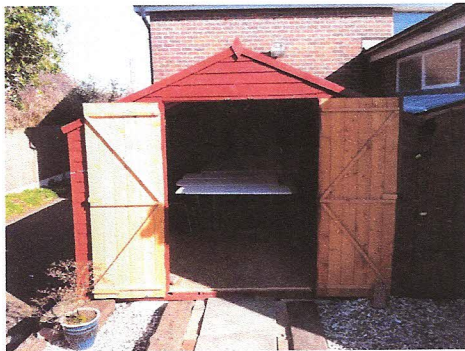
You can contact us on 01277 224528

Issue 1-15

Menshed is an organisation that aims to help men to get together and undertake various projects.

The Brentwood Branch of Menshed is trying to develop a fellowship amongst men of all ages and give them an opportunity to pursue interests together.

We welcome new members each week and their ideas as to our development



**“Menshed  
Brentwood has  
over the last few  
months been  
installing door  
chains to the front  
doors of  
vulnerable people .  
This has been  
undertaken in  
conjunction with  
Brentwood Council’s  
Safer Brentwood  
Campaign**

## **Domestic Abuse Awareness**

**We were pleased to be asked to assist in Brentwood Council’s White Ribbon Campaign.**

**This involved a week when various events took place to raise awareness of domestic abuse.**

**1 in 4 women and 1 in 6 men currently suffer from domestic abuse whether that abuse is physical violence or mental stress.**

**Menshed volunteers manned a stall in Brentwood High Street during that week as well as manning a stall during the Lighting Up Brentwood event.**

**If you know of somebody who is a victim of domestic abuse there are many agencies who are prepared to help.**



